


Riverside, Ca-92504
Feb.27,1983

Dear Mr. Monroe:

I enjoyed hearing you on KABC Talk Show and appreciate the researched information you are giving to the world. I do so much want to have OOB experiences at will. They are LIFE! I've never found blackness or nothing out there; to me it is all Light, vibrant Life, wholly conscious BEing, radiant & complete. There is a great sense of fulfillment unknown to the physical mind. I've never used drugs or alcohol - not even coffee till recently - for headaches which I have had for many years and which seem to come from vasoconstriction and then quick vasodilation (?). I do not smoke either and eat natural foods. I wonder if certain foods or astrological aspects facilitate the OOB experiences.

If you are interested in types of experiences I have had I can give you some brief examples:

As a child I would fly around ceiling - say, at Xmas time, while adults were wrapping gifts and trimming tree & grandpa would act-out how he was going to do next day with the toy monkey for the children. He would have them ask quest. and he'd move its tail to cause the head to nod. I told my mother one morn. I had seen Ruthie's new little brother. A day or 2 later she got the announcement. I would fly over the city at night looking down at the tall buildings and cars and lighted streets. This was 1922 and ~~xxxxx~~ earlier). Around 1928 when floating on some lovely pastel clouds I thought of my body in bed & didn't get back immediately and that momentarily scared me. Otherwise I have never felt fear re. them, though I had not heard of anyone else having the experiences nor did I talk to anyone about them. I knew they'd think me crazy & put me away! I knew I was here for a purpose so kept searching in libraries, reading books that might give info. Dreamed I saw a bookcase full of exciting books & later saw them in window of 2nd-hand store and bought them all. No library would have had such titles! 1946: visited inside space ship that landed in field next to house. We communicated telepathically as the Etherians used a diff. language ^{and} though we each spoke in our own. (So I wonder why you couldn't commun-

icate telepathically with these you found outside the solar system) These people were here to raise the vibrations of earth people who volunteered. I had worked with them eons ago and they said I will do so again when the time comes.

1961-2: I was in contact with Those who said they were all-One, using many names and they were preparing me for the work I am to do when the time comes. I had to write everything down that I could or it would fade quickly from my memory.

Nothing unusual has been happening now except that a number of people have died and when I prayed for them, they communicated their experiences, condition and maybe appreciation, etc. Each had different experiences; while one may just want to rest in the fulfilling peace and beauty for a time, others become very active working to reveal the One Consciousness or traveling to galaxies beyond our knowing, etc. Some, however do not respond at all.

I don't go thru any tunnel or see a light in the distance. I don't remember any 'in between' or how I got there; I'm just there.

I've remembered parts of many past embodiments since perhaps 1950 which was another key date for ESP.

I'd like to remember my experiences and would like to know HOW and how to have them at will. You seem to have discovered a way and I'm anticipating the receipt of such information about those things you mentioned on the KABC Talk-show over the phone to Bill Jenkins. Tapes, books and workshops in So. Calif. Thank you.

I had never shared my experiences as I knew others would be no more receptive than my immediate family - until about 1968 when I found people organizing to study such subjects and by 1982 even neighbors are interested. So mass consciousness is making its impression and Awareness is expanding rapidly!

Cordially,

